



**Respite**  
*with Linda*



**NEWSLETTER 13-15 SEPTEMBER**

**AUSSIEWORLD**

**SANDGATE AQUATIC CENTRE**

**Registered NDIS Provider**





Saturday @



Respite  
with Linda



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## AUSSIEWORLD

We started off the first day of school holidays with a BANG at the ever exciting Aussie World! There are rides to suit every adventurer or dare devil, from swings, to roller coasters of all sorts and even the classic log ride! We were thrilled to convince Linda to join us on a scary ride too!

To wind down after our adrenaline rush, we immersed ourselves in some arts and craft with awesome paint markers.



Want to secure another spot soon?

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Saturday @  Respite with Linda



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## SANDGATE AQUATIC CENTRE

Splish Splash, Spring is here! We are so excited that it is swimming weather again, and on Sunday we headed to one of our favourite places, the Sandgate Aquatic Centre.

Many of our participants find water very calming which helps with self regulation, and of course we are all worn out at the end and ready for some down time, so it's the perfect way to end our weekend.



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**Respite**  
with Linda



**I ♥ ndis** REGISTERED  
NDIS  
PROVIDER

**Carer Gateway**

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In the spirit of reconciliation, Respite with Linda acknowledges Country and the traditional Custodians of the land, seas and waterways where we live, work and play.

Respite with Linda and all its staff respect local Kabi Kabi, Jinibara and Turrbal Aboriginal elders, past and present and their continued determination to keep culture alive and strong.



## School Holidays are here!

Check out this fantastic guide from Brisbane Kids on all the things available for families over the school holidays. We hope everyone has a chance to refresh and recharge before a busy term 4!



[ANSWER 5 MIN SURVEY HERE](#)

