



**Respite**  
*with Linda*



*21 - 23 MARCH*



**REGISTERED  
NDIS  
PROVIDER**

*HORSE RIDING*

*SURFING*



Saturday @



Respite  
with Linda



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## HORSE RIDING

On Saturday we headed to the stunning Sandy Creek for a horse riding session with Alycia Burton. We were happy to see that the property escaped major damage from Cyclone Alfred and the creek was running so beautifully that we wished we had bought our swimmers for a dip after our ride as it was very hot and steamy! We enjoyed a picnic lunch and some arts and craft before heading home.

Want to secure another spot soon?

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Saturday @  Respite with Linda



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## SURFING

On Sunday morning we got up bright and early to head to Currimundi beach for the Disabled Surfers Association (DSA) event. We had a breakfast pancake picnic before heading down to the beach for an amazing surfing experience. There were countless volunteers who were so friendly and encouraging and we can't wait to go back next time!



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Sunday @



Respite with Linda



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Respite  
with Linda



# Linda Guillesser

Managing Director  
Respite with Linda



0490 793 613



[linda@respitewithlinda.com.au](mailto:linda@respitewithlinda.com.au)



[www.respitewithlinda.com.au](http://www.respitewithlinda.com.au)



2 Shanti Lane, Morayfield 4506



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In the spirit of reconciliation, Respite with Linda acknowledges Country and the traditional Custodians of the land, seas and waterways where we live, work and play.

Respite with Linda and all its staff respect local Kabi Kabi, Jinibara and Turrbal Aboriginal elders, past and present and their continued determination to keep culture alive and strong.



## “But Linda, where’s the new adventure blueprint?!...”

With all of the changes that are being implemented throughout the NDIS guidelines in regards to STA and respite, including which activities we are able to provide, we’ve decided to move back to our flexible model of choosing the activities with the participants for each weekend. This allows us to consider individual and group needs, as well as considering the weather and last minute events. We’d still love to hear your activity ideas and suggestions and as always, we are committed to providing the very best respite experience for every individual!

[ANSWER 5 MIN SURVEY HERE](#)

